



BADMINTON ASSOCIATION OF INDIA

(Affiliated to the Badminton World Federation and Badminton Asia Confederation)

PRESIDENT
DR. HIMANTA BISWA SARMA
Chief Minister
Government of Assam
himantabiswa@icloud.com

HONY. GEN. SECRETARY
SANJAY MISHRA
+91 7700984107
srsanjaymishra@gmail.com
secygen@badmintonindia.org

HONY. TREASURER
ARUN LAKHANI
arun.lakhani@vilindia.com

JOB OPENING: SPORTS NUTRITIONIST FOR THE BAI NATIONAL CENTRE OF EXCELLENCE, GUWAHATI, ASSAM

Position: Sports Nutritionist

Nos. of Positions: 01

Location: BAI National Centre of Excellence, Guwahati, Assam, India

Job Description:

The BAI National Centre of Excellence in Guwahati, Assam, is seeking a knowledgeable and experienced Sports Nutritionist to join our dedicated team. As a Sports Nutritionist, you will play a crucial role in optimizing the performance and well-being of athletes through proper nutrition and dietary guidance. Your expertise will contribute to the overall success of Badminton players at both national and international levels.

Responsibilities:

- Assess the nutritional needs of individual athletes and develop personalized nutrition plans based on their goals, training schedules, and dietary preferences.
- Provide guidance on macronutrient and micronutrient intake, hydration strategies, and supplementation to enhance performance and recovery.
- Educate athletes on the importance of proper nutrition and its impact on athletic performance, injury prevention and overall health.
- Monitor athletes' dietary practices and provide ongoing support and guidance to ensure compliance with nutrition plans.
- Conduct body composition analysis and track changes in athletes' weight, body fat percentage and muscle mass.
- Collaborate with coaches, strength and conditioning specialists, and sports medicine professionals to create integrated training and nutrition programs.
- Stay up-to-date with the latest research, trends and advancements in sports nutrition and incorporate evidence-based practices into athlete nutrition plans.
- Provide nutrition education to coaches, support staff and parents to create a supportive environment for athletes.
- Conduct group workshops and individual counselling sessions to address specific nutritional needs and challenges.
- Maintain accurate records of athletes' nutrition plans, assessments and progress.

Qualifications:

- Bachelor's or Master's degree in Nutrition, Dietetics or a related field.
- Certified Sports Nutritionist or Registered Dietitian credentials are highly desirable.
- Minimum of 3 years of experience working as a Sports Nutritionist, preferably with athletes or sports teams.
- In-depth knowledge of sports nutrition principles, including macronutrient and micronutrient requirements, hydration strategies and dietary supplements.
- Familiarity with the specific nutritional needs and challenges faced by Badminton



BAI Office - D-6/10, Ground Floor, Vasant Vihar, New Delhi - 110057, India

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players or athletes in similar sports.

- Strong understanding of body composition analysis techniques and tools.
- Excellent communication and interpersonal skills to effectively work with athletes, coaches and support staff.
- Ability to tailor nutrition plans to accommodate individual preferences, dietary restrictions and cultural considerations.
- Dedication to ongoing professional development and staying informed about the latest research and trends in sports nutrition.
- Proficiency in analysing and interpreting dietary intake data.

Remuneration: INR 24,000 - INR 30,000.

Application Process:

- Interested candidates are requested to submit the following documents via email to bainecguwahati@gmail.com
- Detailed resume outlining educational qualifications, relevant experience and certifications.
- Cover letter explaining your motivation for applying and your approach to sports nutrition.
- Copies of relevant educational certificates, professional licenses and certifications.
- Contact information of three professional references.

Note: Only shortlisted candidates will be contacted for further evaluation and interview.

Application Deadline: July 25, 2023

The BAI National Centre of Excellence is an equal opportunity employer committed to promoting diversity and inclusion in sports coaching.

We look forward to receiving your application and welcoming a skilled and passionate Sports Nutritionist to join our team at the BAI National Centre of Excellence in Guwahati, Assam. Together, we will optimize the nutrition and performance of our Badminton players.



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