



BADMINTON ASSOCIATION OF INDIA

(Affiliated to the Badminton World Federation and Badminton Asia Confederation)

PRESIDENT
DR. HIMANTA BISWA SARMA
Chief Minister
Government of Assam
himantabiswa@icloud.com

HONY. GEN. SECRETARY
SANJAY MISHRA
+91 7700984107
srsanjaymishra@gmail.com
secygen@badmintonindia.org

HONY. TREASURER
ARUN LAKHANI
arun.lakhani@vilindia.com

JOB OPENING: GYM INSTRUCTOR (MALE & FEMALE) FOR THE BAI NATIONAL CENTRE OF EXCELLENCE, GUWAHATI, ASSAM

Position: Gym Instructor (Male & Female)

Location: BAI National Centre of Excellence, Guwahati, Assam, India

Nos. of Positions Available: 01 male instructor / 01 female instructor

Job Description: The BAI National Centre of Excellence in Guwahati, Assam, is seeking dynamic and experienced Gym Instructors to join our dedicated team. As a Gym Instructor, you will play a pivotal role in providing expert guidance and support to athletes in their strength and conditioning programs. Your expertise will contribute to the overall physical development and performance enhancement of Badminton players at both national and international levels.

Responsibilities:

- Develop personalized strength and conditioning programs for athletes based on their individual needs and goals.
- Provide instruction and demonstration of proper exercise techniques, equipment usage and safety protocols.
- Guide athletes in performing a variety of exercises, including weightlifting, plyometrics, cardiovascular training and flexibility exercises.
- Monitor athletes' progress, provide feedback, and make necessary adjustments to their training programs.
- Educate athletes on the principles of nutrition, hydration and recovery to optimize their performance and overall well-being.
- Maintain a clean and safe training environment, ensuring equipment is properly maintained and organized.
- Keep up-to-date records of athletes' training sessions, progress and performance indicators.
- Collaborate with the coaching staff and sports medicine team to develop comprehensive training plans that align with athletes' specific needs.
- Stay abreast of the latest trends, research and advancements in strength and conditioning, and incorporate them into training programs.
- Foster a positive and motivating atmosphere, inspiring athletes to achieve their full potential.

Qualifications:

- Bachelor's degree in Sports Science, Exercise Science, Physical Education or a related field (Master's degree preferred).
- Relevant certifications in strength and conditioning, personal training or related disciplines are highly desirable.
- Minimum of 3 years of experience as a Gym Instructor or Strength and Conditioning Coach.
- Demonstrated expertise in designing and implementing strength and conditioning



BAI Office - D-6/10, Ground Floor, Vasant Vihar, New Delhi - 110057, India

Phone: +91-11-41450524/5, Email: info@badmintonindia.org, Website: badmintonindia.org



BADMINTON ASSOCIATION OF INDIA

(Affiliated to the Badminton World Federation and Badminton Asia Confederation)

PRESIDENT
DR. HIMANTA BISWA SARMA
Chief Minister
Government of Assam
himantabiswa@icloud.com

HONY. GEN. SECRETARY
SANJAY MISHRA
+91 7700984107
srsanjaymishra@gmail.com
secygen@badmintonindia.org

HONY. TREASURER
ARUN LAKHANI
arun.lakhani@vilindia.com

programs for athletes.

- In-depth knowledge of exercise physiology, biomechanics and sports nutrition.
- Strong understanding of proper exercise techniques, equipment usage and safety protocols.
- Excellent communication and interpersonal skills to effectively work with athletes, coaches and support staff.
- Ability to tailor training programs to accommodate athletes' individual needs, abilities and injury prevention considerations.
- Dedication to professional development, including attending workshops, conferences and staying updated with current research.
- Familiarity with badminton or other sports-specific training principles is advantageous.

Remuneration: INR 28,000 - INR 35,000

Application Process:

- Interested candidates are requested to submit the following documents via email to bainecguwahati@gmail.com
- Detailed resume outlining educational qualifications, relevant experience and certifications.
- Cover letter explaining your motivation for applying and your approach to strength and conditioning.
- Copies of relevant educational certificates, professional certifications and training records.
- Contact information of three professional references.

Note: Only shortlisted candidates will be contacted for further evaluation and interview.

Application Deadline: July 25, 2023

We encourage both male and female Gym Instructors to apply. The BAI National Centre of Excellence is an equal opportunity employer committed to promoting diversity and inclusion in sports coaching.

We look forward to receiving your application and welcoming passionate and skilled Gym Instructors to join our team at the BAI National Centre of Excellence in Guwahati, Assam. Together, we will shape the future of Indian Badminton.



BAI Office - D-6/10, Ground Floor, Vasant Vihar, New Delhi - 110057, India

Phone: +91-11-41450524/5, Email: info@badmintonindia.org, Website: badmintonindia.org